



# STANDARD FIRST AID & CPR TRAINING

**Saturday, October 19 &  
Sunday, October 20**

**Inglewood Community Centre  
15825 McLaughlin Road  
Inglewood L7C 1H4**

**9:00am-5:00pm**

*Training includes:*

- Preparing to Respond
- EMS System
- Check Call Care
- Airway Emergencies
- Breathing and Circulation Emergencies
- First Aid For Respiratory and Cardiac Emergencies
- Wound Care
- Head Neck and Spinal Injuries
- Bone Muscle and Joint Injuries
- Sudden Medical Emergencies
- Environmental Emergencies
- Poison
- Opioid Overdose Emergencies

Email [rojmart5@gmail.com](mailto:rojmart5@gmail.com) to register.

Send an e-Transfer of \$100.00 to [treasurer@caledonbrucetrail.org](mailto:treasurer@caledonbrucetrail.org).

Add "First Aid course registration fee" in the message box.

Participants must have 100% attendance, participate in all required hands on skills, and pass a knowledge quiz at the end to earn a 3 year certification.

Space is limited to 18 people.

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CONSERVANCY**

Caledon Hills Bruce Trail Club