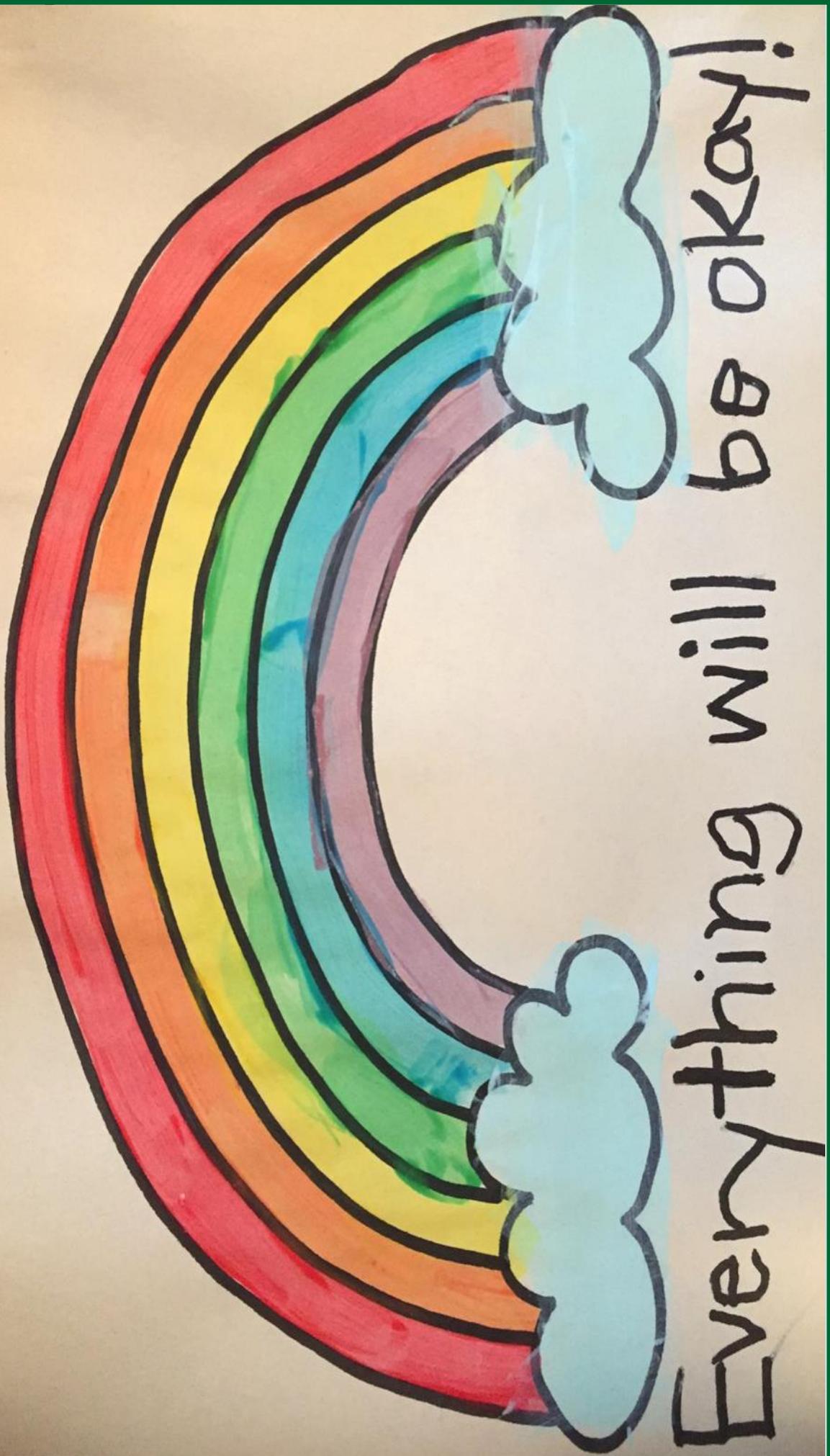


# Caledon Comment

Vol 56, No 2

Summer 2020



Everything will be okay!

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Opinions expressed in the Caledon Comment are not necessarily the views of the Caledon Hills Bruce Trail Club unless stated as such. Advertisements do not necessarily imply endorsement by the Caledon Hills Bruce Trail Club or The Bruce Trail Conservancy. Send address changes to:  
The Bruce Trail Conservancy  
PO Box 857 Hamilton, ON L8N 3N9



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news and photos from the trail.

*Cal E-News* is our club email newsletter that keeps members up to date on major club activities between editions of the



Caledon Comment. Subscribe at:  
[calenews@caledonbruce trail.org](mailto:calenews@caledonbruce trail.org)

Visit our website, [www.caledonbruce trail.org](http://www.caledonbruce trail.org) for lots more information about us, including the most up to date hike listings and to sign up for our blog.

### DEADLINE FOR THE FALL EDITION:

**JULY 10, 2020**

Email your submissions to:  
jeankerins@yahoo.ca

Cover artwork provided by Sophie Kerins, Age 5



Crab Spider on Queen Anne's Lace

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## President's Message

by Marilyn Ross

By the time this edition of the Caledon Comment comes out for everyone, we will all have been through over two months of significant change in our lives. Our Annual General Meeting was cancelled, the Invasive Species Workshop was cancelled, the Theatre Orangeville evening was cancelled and our organized hikes were cancelled. As well we have been asked not to hike on the Bruce Trail at all. The Bruce Trail Conservancy head office has been working hard to keep all of its members up to date with the latest information and requirements.

The CHBTC board has continued meeting through the use of Zoom, which the BTC helped set up for us to use. Colleen Darrell has been very instrumental helping some of us get used to this new technology. All this is making it possible to continue with much of our Bruce Trail "behind the scenes" work. You will have received our club's online AGM reports and the new voting system, instituted for the first time ever due to Covid 19, and I thank all of you who participated in this important vote.

We have made the hard decision to cancel our 14<sup>th</sup> Annual Volunteer Picnic this year, but we hope to continue with the July Christmas Tree pruning at Hockleycrest Farm since we will not be in close proximity to each other. We can easily institute a "one pruner per tree" policy.

At this time, we are continuing to plan for activities in October, November and December, including Bruce Trail Day, the Thanksgiving end-to-end and the Winter Hike and Pot Luck Dinner. Please watch future issues of Cal e-News and the Caledon Comment and also check our website regularly for updates and information.

Stay safe everyone and we will see you out on the trails again at some point.



### PLEASE GO GREEN!

**IN 2019 THE CLUB SPENT \$4870.00 ON PRINTING AND POSTAGE TO MAIL THE CALEDON COMMENT TO OUR MEMBERS. THIS REPRESENTS A LARGE DECREASE OF \$1014 SINCE 2018! THANK YOU VERY MUCH TO ALL OF YOU WHO HAVE AGREED TO GO GREEN. WE HAVE FINALLY REACHED THE TIPPING POINT WHERE MORE MEMBERS HAVE CHOSEN TO RECEIVE THE ELECTRONIC VERSION RATHER THAN THE PRINTED VERSION. TO RECEIVE YOUR NEWSLETTER BY EMAIL CONTACT THE EDITOR AT [jeankerins@yahoo.ca](mailto:jeankerins@yahoo.ca).**



## Thank You Trail Maintenance Volunteers



Laurence Christie, pictured here, is one of many volunteers who go out on the Trail to cut grass every year.

Thank you to all of our Trail Captains and every other Trail Maintenance volunteer who we know are anxious to get back out on the Trail again to carry on their wonderful work.

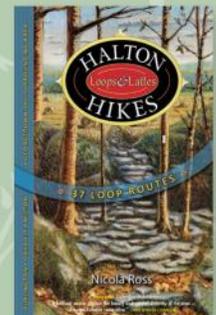
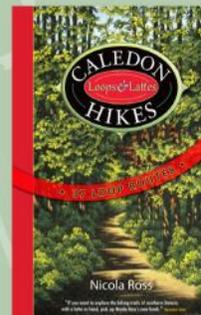
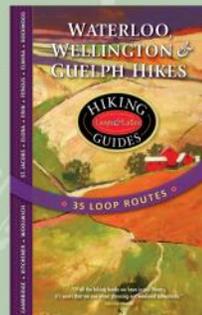
### LOOPS & LATTES HIKING GUIDES

## NEAR-URBAN HIKING MADE EASY



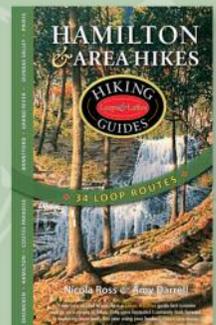
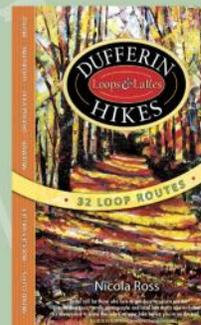
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"Better still for those who love to get close to nature are the precise directions, terrific photographs and local lore that are also included. It's always nice to know the 'whys' of your hike before you're on the trail."

JULIE SLACK, *Metroland Media*



## A Virtual Trip Along the Bruce Trail

Up and Running Guelph is a not-for-profit organization that delivers friendly and supportive running and walking programs for women looking to improve their mental well-being. Modelled and named after a similar program in the UK, the Guelph version of Up and Running was launched in September 2016. Its programs harness the benefits of exercise, nature, and social connections to provide a boost for women managing their mental health.



Shirley Hunt, Co-founder and Executive Director of Up and Running, reports that Margaret, one of their volunteers, recently created a fun activity to engage, connect and motivate their participants and volunteers in this time of physical distancing. Each week, everyone is invited to record and send in their total “moving time” i.e. their time walking and running. Then Margaret calculates how far they’ve gone as a group along the Bruce Trail, starting at Queenston, and creates a summary with photos and details of what they would have seen during their adventure.

The virtual Bruce Trail walk/run is really helping to motivate and lift the spirits of some of the participants. Many have participated and said how much they enjoy hearing about the Trail, and imagining what they would have seen along the way. When the Trail opens up again, Shirley imagines that they’ll be quite excited to get out there!

In an email Shirley writes: “I’m sure you have lots of great initiatives going on, but I felt like sharing ours, so you knew how much the Bruce Trail - even as a virtual destination for walking and running - was cheering people up! I think our volunteer is enjoying reading all the descriptions about each section too! Thank you for all the great work you and your organization, the Bruce Trail Conservancy, do!”

We are so glad that the people involved with Up and Running are enjoying their virtual Bruce Trail experience and getting in their kilometres!

We should all put on our walking or running shoes and clock some kilometres around our neighbourhood, and then see how far it takes us virtually on the Bruce Trail. Or pick your favourite hike, and enjoy it virtually next time you go for a walk.

Thank you, Shirley Hunt, for sharing your organization’s fun and healthy activity. See you on the virtual Trail soon!



## A History of Our Club Badges

by Jean Kerins

There seems to be an insatiable thirst for acquiring hiking badges across all the Bruce Trail Conservancy clubs these days. The Caledon Hills Club has done its part through the years to meet the demand for badges and the incredible surge of demand in recent years has been a very pleasant source of fundraising, which in turn supports the BTC mission of “preserving a ribbon of wilderness, for everyone, forever”. What follows is a brief history of badges over the years in our club.

In 1966 there was only one badge available, and it was the white Bruce Trail Association badge with the arrow on it.

In late 1967, our club executive decided that the club needed its own badge. Dr. Elmer Cserhalmi (club vice president at the time) created several designs and the executive decided on a circular one with a green and gold framed backpack, called the Club Crest, pictured to the right. There was no requirement for this badge. In fact, all club members were entitled to one, and more could be purchased for \$1 each, when the production cost at the time was \$0.20 each. The club also designed, for the spring of 1967, a "semicircular" badge to go under the Club Crest, called the Club Crescent. To get this badge one had to hike the whole section of 32 miles in two consecutive days, signing log books at three locations along the Trail. The Club Crescent noted that the Caledon section at the time was from Mono Centre to Terra Cotta. In 1978 the requirements to receive the Club Crescent were changed so that the badge could be obtained by hiking the whole section in two, but not necessarily consecutive, days. Then in 1979 the requirements were changed again so that you could get a badge by doing the entire section in one calendar year.



In 1980, our section was shortened when a stretch of trail was given to the Toronto Club. Now our southern terminus was at Dark Corners (the intersection of Mississauga Road and Olde Baseline Road). A new end-to-end club badge was created by long time volunteers Dave and Bronwyn Turrell, and Dave Turrell led the hikes for the first recipients. To earn this badge, the Caledon section had to be hiked in four “easy” hikes. According to Barry Westhouse, this was the first time a triangular badge was introduced, and that the description on the badge was “Mono Centre to Dark Corners”. Unfortunately we do not have a sample of this badge in our club archives.



A mountain shaped badge was introduced in 1985 when the old round "Club Crest" ran out. Also, the southern terminus had once again been truncated and moved to the intersection of Boston Mills Road and Creditview Road in Cheltenham. The new badge depicted Caledon Mountain and the hills to the north, and it was designed so that the official end-to-end crescent would fit underneath it and create a diamond shape according to the Spring 1985 Caledon Comment. Unfortunately, we cannot

verify who designed the new club badge which was given to all new members of the club as part of a welcome package, but given the related information we have uncovered, it was likely designed by the Turrells. (Around 2008 the club executive decided to discontinue giving this badge to new members, partly because the BTC also gave all new members a BTC badge.)



In 1981, the Loppet Badge was designed and introduced by Dave Turrell. The badge was awarded to participants in a ski loppet which Dave organized. The inaugural loppet attracted about 60 skiers who could participate in either a 22km or 11km route. Skiers were not timed, and the badge was awarded to all those who completed their chosen loop. The loppet event is no longer organized each year because for several years in a row there was no snow on the ground on the advertised date – very annoying for the organizers! We are very lucky now to have a series of ski trails available in the Hockley Valley that were developed by Dave Moule, who also grooms the ski trails every winter.

In 1998, the Headwaters Badge was designed by Bob and Gail Douglas. To earn this badge, one had to hike the Caledon section in five organized hikes; this was later changed to four organized hikes. The Headwaters Badge was discontinued in 2013.

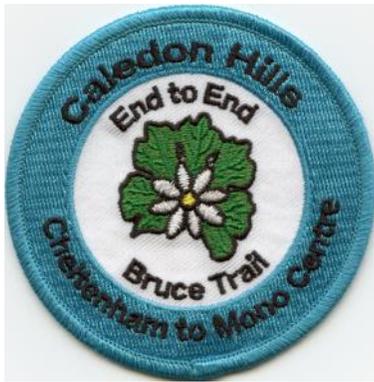


In 1999 the Fall Colours end-to-end badge was introduced. It was designed by Beth Lindhorst, president at the time, and to this day it is awarded for completion of the club organized Thanksgiving weekend three-day end-to-end hike. In 2007 the two-day Thanksgiving weekend end-to-end badge was added to the roster. Pictures of both these badges can be found on Page 11.

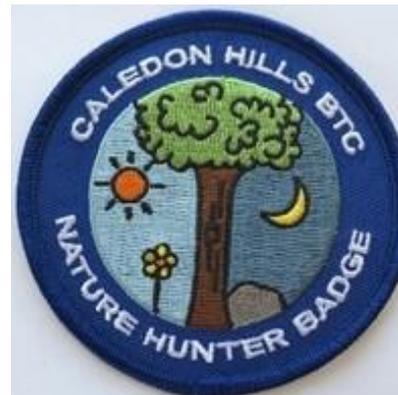
2014 was the 50<sup>th</sup> anniversary of the establishment of the Caledon Hills Club and two badges were created to celebrate the milestone - the 50<sup>th</sup> Anniversary End-to-End badge and the Sideways Badge. The 50<sup>th</sup> Anniversary End-to-End badge, designed by volunteer Colleen Darrell, was only available in 2014, but the Sideways Badge is still being awarded to those hikers who complete a series of four cluster hikes which include fourteen side trails. The design, which features a blue turn blaze, was created by Peter Leeney. Peter was also the driving force behind the development of the hikes required to earn the badge.



With the expiration of the 50<sup>th</sup> Anniversary End-to-End badge, another new badge was required and Colleen Darrell developed a series of floral designs for the club. In 2015 Blood Root was featured on the badge; in 2017 Chicory debuted, and in 2019 the Red Trillium design was introduced.



Spring 2016 saw the introduction of the Nature Hunter Badge which was designed based on drawings submitted by students at Belfountain Public School. This badge was created to encourage students to get out on the trail, and it is still available today.



2017 was Canada's 150<sup>th</sup> Birthday, and a celebratory badge was definitely in order. Colleen Darrell once again got to work and designed the club's beautiful and colourful Historical Hiking Badge which featured Canada's 150<sup>th</sup> logo. The badge required completion of five unique historical hikes in our section, and it proved to be so popular that a second order of badges had to be placed that year.



For the many volunteers in the club, Spring 2018 saw the introduction of a Volunteer Appreciation Badge. This badge, designed by Colleen, is given to our volunteers at our annual June Volunteer Appreciation Picnic.



In the summer of 2018 Colleen designed the Discovery Badge which is awarded upon completion of five very interesting hikes involving lots of seeking and discovering.

The Sweetwater Badge, introduced in April 2020, is the club's newest badge. To earn this badge you must complete six interesting hikes developed by Elizabeth Ganong.



The love of badges continues to grow among the membership. Designing the actual badge is just one step in the process of developing a new badge. An end-to-end badge speaks for itself, but all the badges that have different criteria must be thoroughly planned, checked, pre-hiked and re-checked. These tasks fall to many different volunteers with a goal of providing new, fun, safe and exciting challenges for hikers. We hope you have had, or plan to have, some fun earning our club badges as soon as the Covid-19 restrictions are rescinded.

Full details about the badges that are currently available can be found on the club's [website](#). Pick a challenge and earn one of our awesome club badges when restrictions are lifted.

Thank you Helen Billing, Colleen Darrell, Gail Douglas, Peter Leeney, Ross McLean and Barry Westhouse for your generous assistance in providing background information for this article.

*To our Readers: Can you add any more badge knowledge to our records? Do you have the original Mono Centre to Dark Corners Badge or a picture of it? If so, we would love to hear from you. Please email [jeankerins@yahoo.ca](mailto:jeankerins@yahoo.ca).*

The Club receives letters from people when they are applying for their badges, and a search of our archives unearthed this 1960's era thank you letter from member Alice Kane.

Bruce Trail Association  
Box 335  
Waterloo, Ontario

Sirs:

I can't begin to tell you the pleasure that the Bruce Trail has brought to me. I live from Sunday to Sunday waiting for the joyful experience of climbing my hills on all fours and sliding down them again. I'm old and slow but enthusiastic and I mark everything with red ink in my guide as I finish it. Many people have given me help and directions - and last Sunday a lift.

Since I am unable to do anything to help with the trail itself please accept this minute contribution towards the guide

yours sincerely  
Alice F. Kane



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## Caledon Hills End-to-End

**Thanksgiving Weekend - October 10, 11 and 12, 2020**

The Caledon Hills Bruce Trail Club invites you to join us for our “Fall Colours” End-to-End hike on Thanksgiving weekend.

Plan to participate in one of the most enjoyable and challenging hiking experiences of the year, a 71.4 km hike through the spectacular fall colours of the Caledon Hills.

You can complete the distance over all three days of the weekend or the same distance over Saturday and Sunday (two-day event held biennially).

The cost for the three-day event is \$40.00 and the two-day event is \$30.00. This fee covers daily bus transportation, refreshments, and the end-to-end badge on completion.

Registration opens June 1 at [www.eventbrite.ca](http://www.eventbrite.ca).

### 2-day event -

<https://www.eventbrite.ca/e/caledon-hills-bruce-trail-club-fall-colours-2-day-end-to-end-2020-tickets-97770709825>

### 3-day event -

<https://www.eventbrite.ca/e/caledon-hills-bruce-trail-club-fall-colours-3-day-end-to-end-2020-tickets-97751897557>

For further registration details, email Sandy Green, [sgreenhikes@gmail.com](mailto:sgreenhikes@gmail.com) or visit [www.caledonbruce trail.org](http://www.caledonbruce trail.org).

Registration is limited.



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## 14th Annual Volunteer Appreciation Picnic

The 14th Annual Volunteer Appreciation Picnic, normally celebrated in June, has been cancelled due to the Coronavirus Pandemic.

We look forward to celebrating all our wonderful volunteers in June 2021.

You can read about the 2020 Award Winners on Page 13.

## IMPORTANT NOTICE ABOUT HIKE LISTINGS

With the increasing use of social media in recent years, there has been a declining need for listing hikes in the newsletter. For the last couple of years only a brief description has been provided in the newsletter with full details available on the club website. Now with the introduction of amalgamated BTC-wide hike listings on the BTC website, together with our club listings on our website, we have decided to discontinue listing the hikes in the Caledon Comment effective the Summer 2020 edition of the newsletter. This change will reduce the lead planning time for our hike leaders. It can be quite difficult to plan a spring hike during the depths of winter, but our publishing deadlines for the Caledon Comment made that a necessary reality. From now on, hike leaders no longer have this early deadline allowing them to plan their hikes closer to their chosen dates. Click on the link below to access the BTC amalgamated hike listings. Remember to check the club website to verify whether or not hikes are being offered due to Covid 19.

### New Online Hike Schedule

Our 9 Bruce Trail Clubs run an extensive program of organized hikes throughout the year. Now, you can browse hike listings from all 9 Clubs in one convenient online location on the Bruce Trail Conservancy website, [brucetrail.org](http://brucetrail.org).

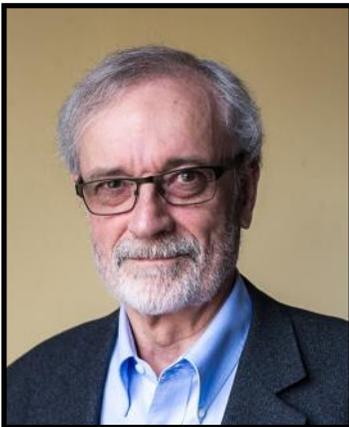
View the [Hike Schedule Calendar](#) and check out our [guidelines](#).

# 2020 Volunteer Appreciation Award Winners



## Franca DeAngelis - Laurence Christie Biodiversity Award Recipient

Over the last many years, Franca has been a very dedicated volunteer in trying to eradicate garlic mustard on various sections of the trails of the Caledon Hills Club. Her work started in 2008 when she organized groups to pick garlic mustard and make club members aware of the impact this plant was having on the ecology along the trail. Since then Franca has volunteered on every garlic pull in the Hockley Valley Nature Reserve and along trails in the Hockley Valley area. Her concern for this program has led to the formation of the Caledon Hills Biodiversity Group of which she is the first chair person. Thank you Franca for your dedication to conserving the biodiversity of lands under the care of the Caledon Hills BTC.



## David Lamb - Isabel East Award Recipient

David joined the club in 2010 and immediately joined the Tuesday Hiking Group. In no time at all David was busy participating in club work parties, both on the trail and off. In 2011 he became our club's webmaster and continued in the role for several years, even doing double duty as the club's director on the BTC board. And during all this time David could be relied upon to take lots of wonderful photos at various club events and while out hiking on the trail. They will be a wonderful resource for future members as they are carefully stored in our club archives. David is stepping back from some of his duties in 2020 and we sincerely thank him for his dedication to our club, its members and the entire Bruce Trail Conservancy community.



## Joan Richard – Barry Westhouse Award Recipient

For the last decade, Joan has been the club's Director of Trail Maintenance. In that capacity Joan has travelled up and down our trails ensuring they are always maintained to the highest BTC standards. In the course of Joan's tenure she has mentored dozens and dozens of trail maintenance volunteers, from Trail Captains to Quadrant Leaders. Joan oversaw the reorganization of the role of Trail Maintenance Director to being more of an overseer, managing the entire scope of trail maintenance, volunteer placement, project management, BTC reporting and general catchall for anything trail related. One of the volunteers Joan has worked with had this to say: "Joan is always responsive, always clear and somehow always motivating me to go and manage my section." Thank you Joan, for bringing these attributes, often unsung, to your work with the Caledon Hills Club.

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**SPECIAL MESSAGE  
FROM C.H.H.**

**TO ALL CALEDON HILLS  
HIKERS**

We want to thank each and every one of you who has reached out to us during these difficult times and expressed your support and well wishes. Your incredible kindness means the world to us!

As much as we miss hiking with you, our focus today must be on staying healthy and safe. Let's look after one another and make sure that our communities, cities, provinces and country come back stronger than ever.

Then, when our world returns to normal, you can rest assured that Comfortable Hiking Holidays will be there to offer you more exciting hiking adventures and great travel memories.

Be safe, stay well and we look forward to hiking with you all again soon!

**DREAMING OF 2021**

**In due time,  
we want to be ready for 2021.**

If you have your heart set on a particular destination and want to book it immediately when it becomes available and safe to do so, ask to be put on our **INTERESTED LIST**.

We will notify you as soon as we are ready to accept reservations for that particular trip. There is no obligation on your part, nor does it guarantee your spot(s). We will still be taking reservations on a first-come, first-served basis as we always have. However, it means that you will be notified right away that we are ready to begin taking reservations, and then you can decide if you wish to book or not.

**Dominica \* Portugal \* Japan \* Ireland  
Amalfi Coast (Italy) \* Corfu (Greece)  
Kenya \* Provence & Cote d'Azur  
Tour du Mont Blanc  
Galapagos Islands  
Camino de Santiago (Spain)**

TICO # 50023501

**2020 Annual General Meeting by Jean Kerins**

The Coronavirus did it to us again! Our 2020 Annual General Meeting, traditionally held at Caledon Village Place on the first Sunday in April, was cancelled. However, our intrepid President Marilyn Ross took the bull by the horns and came up with a solution, and we were able to hold our first ever online membership vote to secure a Board of Directors for the 2020-2021 year.

Many thanks are extended to Jackie Randle at the Bruce Trail Conservancy Head Office for her help with setting up the online voting process for the club, and many thanks go to all the members who took the time to cast their ballots.

All club members were emailed the slate of candidates and also given links to the AGM reports which can be found on our club [website](#). A highlight taken from the Treasurer's report: In 2019, the club donated \$20,000.00 to the Bruce Trail Conservancy, making our club's cumulative donation at December 31, 2019 an outstanding \$169,000.00!

Unfortunately, we were not able to enjoy the hike which was to be led this year by Gary Hall, and we were not able to enjoy Hamish Duthie's presentation about one of his recent trips. Hopefully we can look forward to enjoying both of these activities at another club event down the road.

We are saying goodbye to outgoing Directors Jackie Clark and Julia De Paz and welcoming new Directors Sheila Kingsborough and Linda Vezina. A full list of the 2020-2021 Board of Directors and key support volunteers can be found on **Page 2** of this newsletter.

**It is said that it takes a village to raise a child. I know it takes a team of wonderful volunteers to run our club.**

**DID YOU KNOW?**

**We have a Biodiversity Page on Facebook**

**Search:**

**CHBTC—Biodiversity Team**

**And ask to Join the Group.**

**You will discover lots of very interesting  
information.**

## DID YOU KNOW?

Our Club now has 40 Blue Bird Boxes and 1 Owl Box. 2 Wood Duck Boxes are coming soon.



Laurence Christie installs a predator guard on a bluebird box on the Vallis property, owned by the BTC and stewarded by our club. Laurence has built and installed 10 bird boxes on this property.



Dave Sarginson helps a young volunteer construct a bird box during Bruce Trail Day. Over the past 2 years, Dave and his helpers have constructed 18 boxes.

A bluebird nest in box V9 on the Vallis property. Each box is numbered and the GPS location is recorded. In the fall, a record of activity in each box is sent to the BTC.



Don Hamilton monitors all our bird boxes, and ensures that they are all cleaned out each fall and are ready for new families in the spring. Bluebirds begin to arrive in early April. Don also visits all boxes regularly during the breeding season to record species inhabiting each box, number of eggs, number of young, and evidence of predation.



Photographs and Information provided by Gary Hall

Both parents take turns finding food for their hungry hatchlings. Here, a male bluebird returns with a juicy snack.



# Save the Date

*Sunday, October 4*      *Bruce Trail Day—Details to Follow*

*October 10, 11 & 12*      *Thanksgiving End to End—Details on Page 11*

*Saturday, October 17*      *BTC AGM—Details to Follow*



**Tuesday Hikers**



**The Bruce Trail Conservancy Mission:  
Preserving a ribbon of wilderness, for everyone, forever.**

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